

# EMILY POWELL: PAINTINGS ON PRESCRIPTION

20 February – 7 March 2025

Private View: Wednesday 19 February, 6-8pm

Press Release

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Portland Gallery is delighted to present *Paintings on Prescription* Emily Powell's latest solo exhibition, a vibrant celebration of colour and warmth to welcome the arrival of spring.

Powell's works are infused with a bold and expressive use of colour that evokes the spirit of the fauvist movement. Much like the Fauves, who liberated colour from its descriptive role, she uses it as a tool to communicate emotion, energy, and exuberance, allowing her work to burst with vivid intensity.



*Fresh And New Days Ahead*  
– mixed media on canvas, 91 x 122 cm

In *Paintings on Prescription*, Powell presents a series of bold floral works in her most intense colour palette to date; each one symbolising a sigh of relief that spring is here, and we can finally cast off the dark nights and grey skies of winter. Flowers are Powell's prescription for her audience, a colourful embrace to sustain them through the year.

## PORTLAND GALLERY

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*Yellow Pots*  
– mixed media on canvas, 122 x 104 cm

“Colour is fundamental to my practice because it has such a strong physical and emotional effect on me. I see people, numbers, places and memories as colours and the way I understand things is through combining them. I have a ‘recipe’ of colours that balance me throughout the seasons. In summer I feel able to work with cool blue because there’s so much warmth around. Spring is where I can use the widest spectrum of colours and there’s a freedom and playfulness to the palette because it’s a season in which I’m not worried about feeling down. Winter brings pink and yellow, as it is a time to paint what I need, which is kindness and warmth. I don’t mind what tools I use to make marks, but the colour is sacred. I mix paint, I use it straight from the jar, I use oil or acrylic. Again, it’s not about the type of paint it’s about the best device for delivering the most potent colour combinations to communicate emotions.” - *Emily Powell, 2025*



*I Love People Who Buy Me Apples*  
– mixed media on canvas, 100 x 100

## Artist Biography

Powell has established a wonderful community of her Instagram page where she shows snippets of both her working and professional life with her 45k+ followers. Powell is entirely honest with her work and pours her soul into each piece and is never daunted by a blank canvas. Her creative process was the basis for her book *Start Painting Now: Discover Your Artistic Potential* written in collaboration with her GP sister Sarah Moore.

The first thing you notice about Emily's work is the vibrancy of her colour palette, it is unapologetically cheerful and bold. Whether she is producing still life flower scenes, landscapes, seascapes, domestic interiors or imagined spaces, her colours leap out at the viewer and demand attention. Her mark-making, like her colours, are equally dynamic and are just as likely to be made by her fingers as they are a paint brush; for Emily painting is a physical release of emotion and is constantly creating.

Emily is a rising star who has already exhibited with the Royal Society of Art and collaborated with MoMA, National Galleries of Scotland and The British Museum. In 2022 she created a mural for the doors of Great Ormond Street Hospital For Children.

- High resolution images are available on request
- Advanced viewings of artworks can be arranged on request
- The artist is available for interview
- An illustrated catalogue will support the exhibition



## About Portland Gallery

Portland Gallery was established in 1984 and are leading dealers in modern and contemporary British Art. Located in St James's, the gallery is spread over two floors and plays host to 14 exhibitions a year, principally solo presentations of represented artists and estate. The gallery is operated as an Employee Ownership Trust.

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